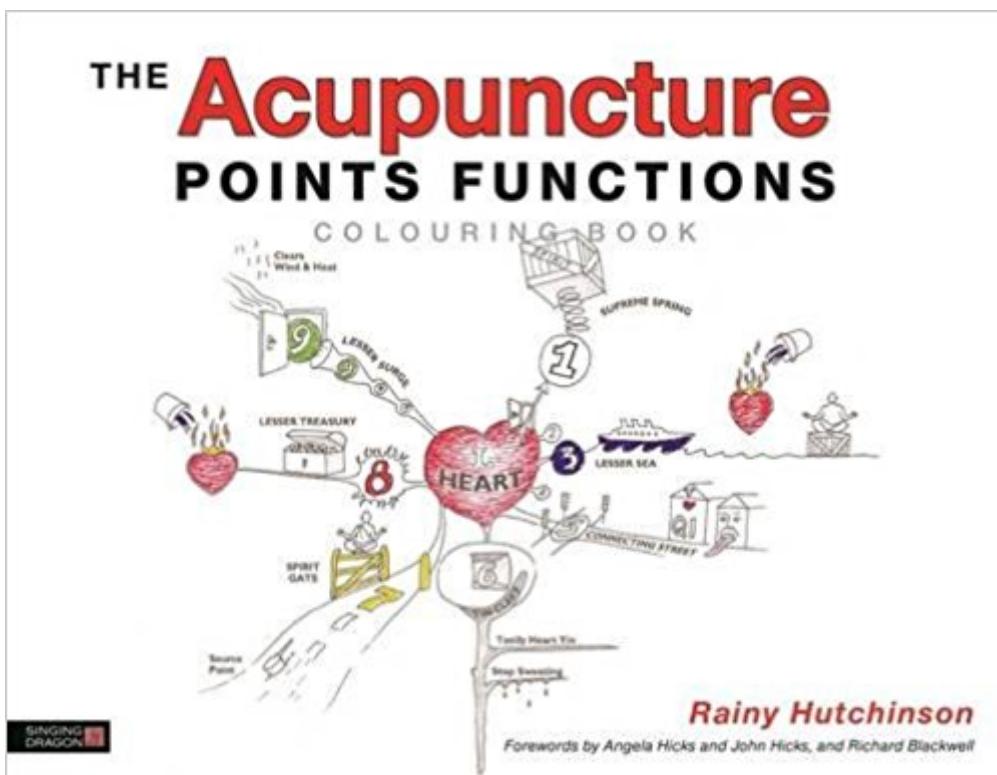


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# The Acupuncture Points Functions Colouring Book



## **Synopsis**

This book presents a fun and practical way of learning the functions of acupuncture points on the twelve primary and eight extra channels.. Students are invited to colour and doodle their way through the sequence of images on each channel in turn embellishing anything they find difficult to remember or recall. Through the drawings the author offers her own imaginative visual representation of each point based on translations of the Chinese point names. The text page opposite each set of drawings provides a quick cross reference for the student, with a simple list of the point names and the main functions relating to each. The flexible style of this book accommodates the needs of students from a wide range of schools and traditions. This is an essential learning resource for students of acupuncture, acupressure, shiatsu and massage, and is ideal for revision and self or paired testing.

## **Book Information**

Paperback: 96 pages

Publisher: Singing Dragon; Clr Csm edition (June 21, 2015)

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Product Dimensions: 11 x 8.5 x 0.2 inches

Shipping Weight: 11.4 ounces (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars 13 customer reviews

Best Sellers Rank: #153,389 in Books (See Top 100 in Books) #42 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Science & Anatomy #77 in Books > Health, Fitness & Dieting > Alternative Medicine > Acupuncture & Acupressure #3474 in Books > Crafts, Hobbies & Home > Crafts & Hobbies

## **Customer Reviews**

A colouring book to help students learn the functions of the acupuncture points For students of acupuncture, acupressure and shiatsu

Rainy Hutchinson is an acupuncturist, who runs her own clinic in Sheffield. She trained first in Fine Art Sculpture and worked for ten years as a teacher of Art & Design before retraining as an acupuncturist. While studying, she used drawings to visually represent her notes, and she was soon approached by fellow students, and those from other colleges who wanted to use her drawings as a

learning aid. She has since completed further training in paediatric acupuncture, and she now treats both adults and children in her clinic.

I rarely post reviews but was extremely excited to receive this coloring book. Memorizing from Deadman's or CAM can be exhausting for any grad student attending a Traditional Chinese Medicine school. This book helps me take mental breaks and lock in the more commonly used points. I brought it to school with me and tons of classmates wanted the book, it's important to support the author and buy this book instead of making photo copies for friends. I tend to use Japanese fine tip pens to color in like juicy or maica but I assume one could use any of the pens folks use for adult coloring books.

Great book this helps me cement in the things I have learned in Deadman. I love to color and recite what the point does. I recommend this book to all acupuncture students that don't learn from memory alone. Pictures help get this in the brain.

I'm definitely a visual learner so being able to take a break from Deadman or the other hefty textbooks really helps! The pictures also make points easier to remember. Will be colouring this as soon as I get some spare time.

Wow, just what I needed to move beyond the lectures and find some visual support!

Not what I expected... it really doesn't show the points on the body in a way to help me memorize the points... it does explain the function of the points, however.

If you are a visual learner and actually take the time to color this thing, it will help you remember things better.

Very handy for my learning meridians.

Not the best artwork to convey the meaning of the actual points. I was disappointed with this text. But it gave me the idea to make my own images, so that was helpful. A great idea for learning, the pictures are quite as helpful as I'd like.

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Acupuncture Points Handbook: A Patient's Guide to the Locations and Functions of over 400 Acupuncture Points Calm colouring book: Adult colouring book with Easy flower designs and simple floral patterns for Stress Relief and Relaxation, Anti-Stress Colouring, ... Colouring Books of Adults) (Volume 3) The Acupuncture Points Functions Colouring Book Color Atlas of Acupuncture: Body Points, Ear Points, Trigger Points (Complementary Medicine (Thieme Paperback)) Minions Colouring Book: A lovely colouring book for kids. An A4 63 page book full of antics from Bob, Stuart and Kevin with hours of fun to get ... go grab them pencils and start colouring. Christmas Gifts for Kids: Colouring Book Merry Christmas; Colouring Books Christmas in all Departments; Christmas Colouring Books for Kids in Books; ... and Games; Christmas Stockings in all Dep Pictorial Atlas of Acupuncture: An Illustrated Manual of Acupuncture Points Weight Watchers: Weight Watchers Cookbook-> Watchers Cookbook- Weight Watchers 2016 Weight Watchers Cookbook - Points Plus - Points Plus-Weight ... Points Plus, Weight Watchers 2016) (Volume 1) Smart Points Spiralizer Cookbook: 50 Skinny Spiralizer Recipes With Smart Points-Turn Vegetables Into Low Points Pasta Alternative The Big Grayscale Colouring Book: Mallorca: Colouring book for adults featuring greyscale photos. Sweary Skulls: A Spanish Swear Word Colouring Book: Midnight Edition: A Sugar Skull & Dia De Los Muertos Tattoo Colouring Book With Dramatic Black ... Books For Grown-Ups) (Spanish Edition) Adult Colouring Book Designs: Stress Relief Colouring Book: Star War Designs, Mandalas, Zentangle - Darth Vader, Jedi, Stormtrooper, R2D2, BB8, ... Wars, Chewbacca, Darth Maul, new star wars An Inspirational Colouring Book For Everyone: Be Fearless In The Pursuit Of What Sets Your Soul On Fire (Inspiring & Motivational Colouring Books For Grown-Ups) The Magical City: A Colouring Book (Magical Colouring Books) The Gentleman's Colouring Book: 24 beautifully crafted illustrations to colour for all appreciators of the feminine form (Gentleman's Colouring Books) (Volume 1) Mandala colouring book for adults: Meditation, Relaxation & Stress Relief: +BONUS 60 free Mandala colouring pages (PDF to print) Mandala colouring book for adults - Relax & Dream with beautiful Mandalas for Stress relief + BONUS 60 free Mandala colouring pages (PDF to print) Colouring Fantasy 2 - Colouring Book by Scot Howden (Volume 2) The Mindless Colouring Book: Braindead Colouring for Exhausted People The Working Day Colouring Book (Modern Toss Colouring Books)

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